

1 - 1ª jornada, 1ª sesión

19/12/2025

Prueba 1
19/12/2025

200m Espalda

20 años y mayores
Lista de salida

AN

Serie 1 de 7

1 ROEDER, Peter	37	C. Tenerife Masters	6:30.00	25m	_____
2 SUAREZ RODRIGUEZ, Manuel	66	C.D.N. Playuki	4:26.60	50m	_____
3 RIERA MONTAL, Agustín	49	C. Tenerife Masters	4:15.30	50m	_____
4 SARACENI, Paola Maria	65	C.N. Vulcania Master	4:01.78	25m	_____
5 DIAZ VERA, Ivor Jose	93	Cn.Salinas Sta.Lucia	4:13.51	50m	_____
6 METZ, Michael Gustav	48	C. Tenerife Masters	4:16.91	25m	_____
7 GARCIA LA ESPADA, Jose	53	C. Tenerife Masters	6:17.92	50m	_____

Serie 2 de 7

1 PEREZ SANTANA, Aranzazu	66	C.N. Valleverde	4:00.35	25m	_____
2 CORTES ALVAREZ, Elisa	82	C.D. Jescagua	3:50.30	25m	_____
3 GUTIERREZ ROMERO, Rolando Jorge	75	Cn.Salinas Sta.Lucia	3:44.79	25m	_____
4 BAEZ CEJAS, Maria Mercedes	60	C. Tenerife Masters	3:47.26	50m	_____
5 ALAMO MARTINEZ, Fernando	69	C.D.N. Playuki	3:43.83	25m	_____
6 RODRIGUEZ GONZALEZ, Sergio	94	C.D. Jescagua	3:45.00	25m	_____
7 QUESADA ORTEGA, Jose Ramon	60	C.N. Metropole	4:00.00	25m	_____

Serie 3 de 7

1 NAVARRO PEREZ, Josymar	86	C.N. Valleverde	3:48.77	50m	_____
2 SEGARRA CARRANZA, Isaac	74	Cn.Salinas Sta.Lucia	3:44.88	50m	_____
3 DE LEON LOPEZ, Ruben	75	C. Tenerife Masters	3:37.12	50m	_____
4 DE CASTRO MONTERO, Adolfo	86	C.N. Las Palmas	3:24.88	50m	_____
5 ARENCIBIA DE LA CRUZ, Alejandro	81	C.N. Aguacan	3:20.00	25m	_____
6 RODRIGUEZ SANTANA, Jose Jesus	65	Cn.Salinas Sta.Lucia	3:43.64	50m	_____
7 GLAUBITZ, Susanne	70	C.D. Nonadamos	3:43.19	25m	_____

Serie 4 de 7

1 CABRERA GONZALEZ, Marcos	60	C. Tenerife Masters	3:22.59	50m	_____
2 GARCIA FLORIDO, Manuel Javier	72	Cn.Salinas Sta.Lucia	3:15.36	25m	_____
3 MAESO VERGARA, Miguel Benito	67	C. Tenerife Masters	3:10.00	25m	_____
4 ACEITUNO MARTINEZ, Manuel Jesus	98	C.D. Nonadamos	3:05.19	25m	_____
5 RIZZA HERNANDEZ, Rositta	77	C. Tenerife Masters	3:10.00	25m	_____
6 CABALLERO PEÑATE, Angel Jose	01	C.D. Jescagua	3:20.82	50m	_____
7 JIMENEZ DE LA GUARDIA, Miguel A	65	C.D.N. Playuki	3:16.65	25m	_____

Serie 5 de 7

1 GONZALEZ HERNANDEZ, Eduardo	91	Club Deportivo Teimar	3:00.58	25m	_____
2 BINI, Bruno	60	C.N. Vulcania Master	2:58.09	25m	_____
3 MENDEZ PEREZ, Neftali	86	Cn.Salinas Sta.Lucia	2:56.37	25m	_____
4 DUARTE RIVADO, Raul	90	C.N. Valleverde	2:44.97	25m	_____
5 SANCHEZ HENRIQUEZ, Fco Javier	76	C.D.N. Playuki	2:52.91	50m	_____
6 GARCIA CERVANTES, Laura	89	C.D. Nonadamos	2:57.34	25m	_____
7 DE SMAELE, Christophe	66	C.N. Las Palmas	3:03.72	50m	_____

Prueba 1, 200m Espalda

Serie 6 de 7

1 MENDOZA LOPEZ, Aroa	01	C.N. Villa De Agüimes 2016	2:44.20	50m	___:___:___
2 GRAJALES ZAPATA, Juan Esteban	99	C.D. Nonadamos	2:39.19	25m	___:___:___
3 GONZALEZ GARCIA, Alvaro	93	C.N. Metropole	2:42.10	50m	___:___:___
4 MORALES RODRIGUEZ, Sergio	73	A.D. Santa Cruz	2:28.52	25m	___:___:___
5 MATOS QUEVEDO, Lucia	04	C.N. Las Palmas	2:28.59	25m	___:___:___
6 HERNANDEZ PEREZ, Jonathan	82	Cn.Salinas Sta.Lucia	2:38.17	25m	___:___:___
7 ELVIRA GLAUBITZ, Alejandro	00	C.D. Nonadamos	2:39.51	25m	___:___:___

Serie 7 de 7

1 HERNANDEZ CASTRILLO, Yessica	00	C.N. Los Cristianos	2:26.77	25m	___:___:___
2 RAMIREZ MORALES, Sergio C.	03	C.D. Nonadamos	2:19.91	25m	___:___:___
3 GUILLEN PEÑA, Victor	02	A.D. Santa Cruz	2:21.91	50m	___:___:___
4 SANCHEZ LAZARO, Luis Acayro	76	C. Tenerife Masters	2:13.35	25m	___:___:___
5 RUIZ SEJO, Brais	98	C.N. Vulcania Master	2:14.00	25m	___:___:___
6 DAVARA MENDEZ, Fernando	72	C. Tenerife Masters	2:23.10	50m	___:___:___
7 PALACIOS HORMIGA, Aday	04	C.D. Jerez Natacion Master	2:29.10	50m	___:___:___

Prueba 2 19/12/2025

200m Mariposa

20 años y mayores Lista de salida

AN

Serie 1 de 2

3 FERNANDEZ LOVERA, Juan	65	C.N. Carucagua	4:05.03	25m	___:___:___
4 ASECIO PEREZ, Ma Jose	74	C.N. Los Cristianos	3:50.16	50m	___:___:___
5 BREMON PEREZ, Carlos	47	C. Tenerife Masters	3:56.08	25m	___:___:___
6 PAVIA SOSA, Maria Rosa	99	C.N. Las Palmas	4:08.77	50m	___:___:___

Serie 2 de 2

1 DOMINGUEZ AFONSO, Oscar Antonio	70	C.N. Oceano Puerto Cruz	3:41.25	25m	___:___:___
2 DIAZ CORUÑA, Elizabeth	86	C.N. Las Palmas	3:23.87	25m	___:___:___
3 ARENCIBIA AFONSO, Alfredo	68	C.N. Las Palmas	3:13.76	25m	___:___:___
4 HERRERA QUEVEDO, Evaristo	79	C.N. Metropole	3:00.00	25m	___:___:___
5 QUINTANILLA AYLLON, Elena	65	C.N. Metropole	3:10.77	25m	___:___:___
6 DEL PINO PADILLA, Kevin	81	C.N. Oceano Puerto Cruz	3:17.69	25m	___:___:___
7 GUEDES ALONSO, Francisco Yeray	80	C.N. Valleverde	3:31.99	25m	___:___:___

Prueba 3 19/12/2025

400m Libre

20 años y mayores Lista de salida

AN

Serie 1 de 13

1 GARCIA LA ESPADA, Jose	53	C. Tenerife Masters	10:59.59	50m	___:___:___
2 VEGA IBRAHIM, Ainhoa	05	C.D.N. Playuki	7:54.90	25m	___:___:___
3 CARBALLO RODRIGUEZ, Eloina	81	Club Deportivo Teimar	8:00.45	50m	___:___:___
4 FERNANDEZ PEREZ, Ana Maria	58	C.N. Metropole	7:50.00	25m	___:___:___
5 LARRODE GARCIA, Pilar	59	C. Tenerife Masters	7:52.98	25m	___:___:___
6 O SHANAHAN ROCA, Mauricio	42	C.N. Metropole	8:00.99	50m	___:___:___
7 RIVERO RIVERO, Natalia Del Carmen	86	C.D. Solventia	8:06.25	25m	___:___:___

Prueba 3, 400m Libre

Serie 2 de 13

1 PEREZ HERNANDEZ, Ma Victoria	64	Club Deportivo Teimar	7:38.68	50m	_____
2 CABALLERO MADERA, Guillermo	55	C.N. Metropole	7:30.00	25m	_____
3 HERNANDEZ HERNANDEZ, Elena	89	C.D. Jerez Natacion Master	7:19.72	25m	_____
4 UNGER, Caroline	72	C.D.N. Playuki	7:08.90	50m	_____
5 DIAZ CASTRO, Jose Maria	57	C. Tenerife Masters	7:19.23	50m	_____
6 PEÑA CAVALLERO, Maria Del Carmen	75	C.N. Metropole	7:30.00	25m	_____
7 MOREIRAS DELLA-VENTURA, Francisco Jose	64	C.N. Metropole	7:30.00	25m	_____

Serie 3 de 13

1 MEDINA LORENZO, Saul	89	C.N. Carucagua	7:08.38	50m	_____
2 GONZALEZ ARIAS, Rosa Maria	71	C. Tenerife Masters	6:59.47	25m	_____
3 QUESADA RODRIGUEZ, Francisco	67	Cn.Salinas Sta.Lucia	6:57.16	50m	_____
4 BERNDTSSON, Ann Mari	70	C.N. Vulcania Master	6:43.81	25m	_____
5 DELGADO MARTIN, Maria Elisabet	94	C.D. Nonadamos	6:45.50	25m	_____
6 GLAUBITZ, Susanne	70	C.D. Nonadamos	6:52.08	25m	_____
7 DE LEON LOPEZ, Ruben	75	C. Tenerife Masters	7:00.00	25m	_____

Serie 4 de 13

1 ALBERICHE RUANO, Maria Del Pino	66	C.N. Metropole	6:36.37	25m	_____
2 CILLUFFO, Domenica	72	C.N. Metropole	6:30.00	25m	_____
3 RODRIGUEZ SANTANA, Ernesto	70	C.N. Valleverde	6:25.46	25m	_____
4 CHANTADA FERNANDEZ, Luis	55	C.N. Vulcania Master	6:27.23	50m	_____
5 SEGARRA CARRANZA, Isaac	74	Cn.Salinas Sta.Lucia	6:22.73	25m	_____
6 AKOUDAD ZIZAOUI, Mohamed	05	Cn.Salinas Sta.Lucia	6:35.84	50m	_____
7 FERNANDEZ MEJIAS, Tamara	81	C.D.N. Playuki	6:30.00	25m	_____

Serie 5 de 13

1 NAVARRO PEREZ, Josymar	86	C.N. Valleverde	6:18.50	25m	_____
2 GARCIA FLORIDO, Manuel Javier	72	Cn.Salinas Sta.Lucia	6:12.41	25m	_____
3 ALVAREZ MORALES, Antonio Jose	63	C.D. Belen Maria	6:00.00	25m	_____
4 GARCIA DELGADO, Yaiza	76	C.N. Metropole	6:00.00	25m	_____
5 TRUJILLO MORENO, Sara	97	C.N. Metropole	6:00.00	25m	_____
6 HIJAR JIMENEZ, Maria	90	C.N. Vulcania Master	6:05.44	25m	_____
7 KHAN, Stephanie Jean	64	C. Tenerife Masters	6:21.12	50m	_____

Serie 6 de 13

1 ANTELA LOPEZ, Jose Carlos	64	C.N. Metropole	6:00.00	25m	_____
2 VACCARI, Pierluigi	64	C.N. Metropole	5:59.00	25m	_____
3 ARANTZAMENDI LLULL, Jamila	81	C. Tenerife Masters	5:55.00	25m	_____
4 DELGADO MARTIN, Montserrat	75	C.N. Los Cristianos	6:01.00	50m	_____
5 SILVA ELVIRA, Aday	81	C.N. Las Palmas	6:01.61	50m	_____
6 CHECA MERINO, Pablo	82	C.D. Belen Maria	5:56.51	25m	_____
7 ROMERO LUJAN, Jose Luis	62	C.N. Metropole	6:00.00	25m	_____

Serie 7 de 13

1 AMOZA IRIGOYEN, Andres	67	C.N. Vulcania Master	5:53.47	25m	_____
2 ROJAS ARJONA, Irene	86	C.N. Vulcania Master	5:58.84	50m	_____
3 MARICHAL, Ivanosky	86	C.N. Las Palmas	5:57.31	50m	_____
4 GIL TRUJILLO, Pedro	67	Cn.Salinas Sta.Lucia	5:49.75	25m	_____
5 SANTANA CABALLERO, Jose	69	C.D. Belen Maria	5:50.00	25m	_____
6 BARRIOS BORGES, Jose Ramon	54	C. Tenerife Masters	5:57.74	50m	_____
7 ARENCIBIA DIAZ, Victor	92	C.D. Belen Maria	6:00.00	50m	_____

Prueba 3, 400m Libre

Serie 8 de 13

1	CABALLERO MADERA, Enrique	57	C.N. Metropole	5:55.47	50m	___:___:___
2	BERNARDOS CRUZ, Idoia	83	C.N. Metropole	5:54.59	50m	___:___:___
3	HERNANDEZ BENTO, Enrique Francisco	64	C.D. Belen Maria	5:44.34	25m	___:___:___
4	LOPEZ DEL PINO, Miguel	89	C.N..Faynagua C. Telde	5:36.53	25m	___:___:___
5	NEGRIN FIGUEROA, Elena	70	C. Tenerife Masters	5:40.82	25m	___:___:___
6	QUINTERO QUINTERO, Katihusca	87	C. Tenerife Masters	5:45.00	25m	___:___:___
7	SANTANA SANTANA, Gustavo Adolfo	67	Club Gloria Swimtrain Maspalomas	5:48.73	25m	___:___:___

Serie 9 de 13

1	MARTINEZ LLISO, Claudio	66	C.N. Metropole	5:36.36	50m	___:___:___
2	DEL ROSARIO RODRIGUEZ, Jose Antonio	72	C.N. Las Palmas	5:34.93	50m	___:___:___
3	QUEVEDO MEDINA, Ulises	90	C.D. Belen Maria	5:25.00	25m	___:___:___
4	RIVERO GONZALEZ, Erika	01	C.N. Las Palmas	5:18.07	25m	___:___:___
5	MARTINEZ IBORT, David	71	C.N. Las Palmas	5:30.64	50m	___:___:___
6	ARIAS FEBLES, Jose Manuel	64	C.N. Metropole	5:33.76	50m	___:___:___
7	NUEZ SANCHEZ, Carlos Luis	69	C.N. Aguacan	5:35.06	50m	___:___:___

Serie 10 de 13

1	RODRIGUEZ VIERA, Jose Javier	82	C.N. Las Palmas	5:24.24	50m	___:___:___
2	SUAREZ GUZMAN, Alexis Leon	75	C.D. Belen Maria	5:17.20	25m	___:___:___
3	CABRERA ROBAINA, Pablo	05	C.N. Las Palmas	5:21.85	50m	___:___:___
4	FERNANDEZ SOSA, Juan Carlos	73	C.N. Las Palmas	5:13.17	25m	___:___:___
5	MATOS QUEVEDO, Maria	02	C.N. Las Palmas	5:19.82	50m	___:___:___
6	CAMACHO SANTANA, Carlos	74	C.N. Las Palmas	5:21.88	50m	___:___:___
7	CIRUGEDA LOPEZ, Aythami	97	C.N. Vulcania Master	5:17.38	25m	___:___:___

Serie 11 de 13

1	RAMOS ROJAS, Gisela	94	C.N. Vulcania Master	5:18.56	50m	___:___:___
2	ARBELO RODRIGUEZ, Nauzet	93	Cn.Salinas Sta.Lucia	5:08.19	25m	___:___:___
3	EHRHARDT, Thomas	77	C.N. Metropole	5:00.00	25m	___:___:___
4	BOUCHET, Sybille	93	C.N. Metropole	4:58.06	25m	___:___:___
5	VICIOSO RODRIGUEZ, Pablo	82	Club Deportivo Teimar	5:00.00	25m	___:___:___
6	RODRIGUEZ REYES, Miguel A	77	C.N. Las Palmas	5:08.96	50m	___:___:___
7	QUINTANA RODRIGUEZ, Alvaro	74	C. Tenerife Masters	5:17.40	50m	___:___:___

Serie 12 de 13

1	MARVELLI, Andres	68	C.N. Las Palmas	4:58.00	25m	___:___:___
2	HERNANDEZ PEREZ, Jonathan	82	Cn.Salinas Sta.Lucia	4:51.16	25m	___:___:___
3	GONZALEZ GARCIA, Alvaro	93	C.N. Metropole	4:43.17	25m	___:___:___
4	ELVIRA GLAUBITZ, Alejandro	00	C.D. Nonadamos	4:40.16	25m	___:___:___
5	ARTILES CARBALLO, Irene	96	C.N. Las Palmas	4:46.93	50m	___:___:___
6	SANCHEZ LAZARO, Luis Acayro	76	C. Tenerife Masters	4:45.02	25m	___:___:___
7	SUAREZ GARCIA, Adrian	96	C.D. Belen Maria	4:56.69	25m	___:___:___

Serie 13 de 13

1	AYALA MAESTRE, Alejandro	97	C.D. Jerez Natacion Master	4:36.25	25m	___:___:___
2	HENRIQUEZ HERNANDEZ, Rafael	87	C.N. Las Palmas	4:36.97	50m	___:___:___
3	SANTANA SARMIENTO, Miguel	83	C.N..Faynagua C. Telde	4:19.46	25m	___:___:___
4	BLANES FRIGOLA, Aleix	04	C.D. Jerez Natacion Master	4:05.32	25m	___:___:___
5	GUILLÉN PEÑA, Victor	02	A.D. Santa Cruz	4:20.33	50m	___:___:___
6	GARCIA CASTILLO, Jose Victor	88	C. Tenerife Masters	4:22.35	25m	___:___:___
7	EXPOSITO AFONSO, Maria	02	C.D. Jerez Natacion Master	4:40.11	50m	___:___:___